

# LYS Volleyball Rules

## 3<sup>rd</sup>/4<sup>th</sup> Grade Division (PeeWee)

### Game day layout

- The lower gym will be available for practice an hour before game time
- First two games will be played to 25, win by 2, cap at 30
- Third game will be played to 15, win by 2, cap at 20
- There will be a coin toss before the first and third games to decide who serves
- Each team will have 2 timeouts every set, 6 timeouts total for game

### General rules that WILL be enforced

- Player under the net = FAULT
  - Foot on but not completely over center line = NO FAULT
- Player in the net = FAULT
- Ball lands on the line = IN
- Ball touches antenna = OUT
- Ball touches the net or equipment outside of antenna = OUT
- Double hit (as in player passing the ball twice) = FAULT
- Ball hits ceiling and lands on the opponents' side = OUT
- More than three contacts = FAULT

### General rules that will NOT be enforced

- Foot faults (Foot cannot contact serving line)
- Carries
- Double hit (as in setting)
- Over the net
- Backrow attack
- 8 second serving rule
- Ball hits ceiling and lands back on your side = PLAYABLE
- Blocking a serve = FAULT

### Special LYS Rules

- Players will serve from the front right position (position 2) and use the 10ft line (3m line) as their "serving line". **Serving will be underhand only.**
- If a player serves 5 points in a row, the team must rotate to the next server (this new server will not be allowed a coach's toss)
- No substitutions allowed, every rotation a player must enter/leave the court
- On the first serve only, the player will be allowed another attempt to serve if:
  - Ball does not cross the net
  - Ball crosses net OUTSIDE of net system
- If player doesn't get their serve over after the second attempt, the coach will toss a **free ball over the net to the front middle position**. If you win the coach's toss, rotate to a new server. If the new server does not get the ball over the net in two attempts, point will be awarded to the opponent. **You cannot win two consecutive points from a coach's toss.**
- On the third game, there will not be a second serves nor a coach's toss

## 5<sup>th</sup>/6<sup>th</sup> Grade Division (Juniors)

### Game day layout

- The lower gym will be available for practice an hour before game time
- First two games will be played to 25, win by 2, cap at 30
- Third game will be played to 15, win by 2, cap at 20
- There will be a coin toss before the first and third games to decide who serves
- Each team will have 2 timeouts every set, 6 timeouts total for game

### General rules that WILL be enforced

- Player under the net = FAULT
  - Foot on but not completely over center line = NO FAULT
- Player in the net = FAULT
- Foot faults (Start behind the line, cannot take more than one step inbounds)
- Ball lands on the line = IN
- Ball touches antenna = OUT
- Ball touches the net or equipment outside of antenna = OUT
- Double hit (as in player passing the ball twice) = FAULT
- Ball hits ceiling and lands back on your side = PLAYABLE
- Ball hits ceiling and lands on the opponents' side = OUT
- Blocking a serve = FAULT
- More than three contacts = FAULT
- Carries

### General rules that will NOT be enforced

- Double hit (as in setting)
- Over the net
- Backrow attack
- 8 second serving rule

### Special LYS Rules

- Player will be allowed ONE step in from the serving line. If a player starts on the serving line or takes two steps in the court prior to contact, it will be considered a foot fault
- If a player serves 5 points in a row, the team must rotate to the next server (this new server will not be allowed a coach's toss)
- No substitutions allowed, every rotation a player must enter/leave the court
- On the first serve only, the player will be allowed another attempt to serve if:
  - Ball does not cross the net
  - Ball crosses net OUTSIDE of net system
- If player doesn't get their serve over after the second attempt, the coach will toss a **free ball over the net to the front middle position**. If you win the coach's toss, rotate to a new server. If the new server does not get the ball over the net in two attempts, point will be awarded to the opponent. **You cannot win two consecutive points from a coach's toss.**
- On the third game, there will not be a second serve nor a coach's toss

## 7<sup>th</sup>/8<sup>th</sup> Grade Division (Seniors)

### Game day layout

- The lower gym will be available for practice an hour before game time
- First two games will be played to 25, win by 2, cap at 30
- Third game will be played to 15, win by 2, cap at 20
- There will be a coin toss before the first and third games to decide who serves
- Each team will have 2 timeouts every set, 6 timeouts total for game

### Normal school volleyball rules will be enforced

- Player under the net = FAULT
  - Foot on but not completely over center line = NO FAULT
- Player in the net = FAULT
- Foot faults (Foot cannot contact serving line)
- Ball lands on the line = IN
- Ball touches antenna = OUT
- Ball touches the net or equipment outside of antenna = OUT
- Double hits = FAULT
- Ball hits ceiling and lands back on your side = PLAYABLE
- Ball hits ceiling and lands on the opponents' side = OUT
- Carries = FAULT
- Over the net = FAULT
- Backrow attack = FAULT
- Blocking a serve = FAULT
- If ball hasn't been served within 8 seconds of referee calling for serve = FAULT
- More than three contacts = FAULT

### Special LYS Rules

- If a player serves 5 points in a row, the team must rotate to the next server
- No substitutions allowed, every rotation a player must enter/leave the court
- On the first serve only, the player will be allowed another chance at serving if:
  - Ball does not cross the net
  - Ball crosses net OUTSIDE of net system
- On the third game, there will not be a second serve